



73 year old male patient is without distress with complaints about Chronic Neck Pain and Insomnia.

Has an history of prostrate cancer, Benign essential hypertension, Hypercholesterolemia, Degeneration of lumbar intervertebral disc, Vertigo amongst others.

Chief Complaint 7/19/22

Chronic neck pain, herniated discs. Also chronic lower back pain

Chief Complaint 3/16/22

Hypertension

Complaint Added

Chronic Insomnia

Current Vitals

Appears alert and well, no vitals filled



## General Examination

		rempratare	97.2 °F (36.2 °C) (Temporal)
Weight 76.1 kg (167 lb 12.8 oz) I Sp02 96% BMI 2	22.92 kg/m2	Height	Not Available

2/9/2021 the Insurance company was alerted on combination usage of benzodiazepine and Opiate.



## Assessment & Plan

7/19/22	
Assessment	Plan
1.Cervical radiculopathy	Recommend neurosurgeon eval, MRI ordered Icing neck and L side TID x 15 min
2. Neck pain, chronic	cyclobenzaprine (FLEXERIL) 10 MG tablet; Take 1 tablet (10 mg total) by mouth 3 times a day as needed for muscle spasms Take 1 tab by mouth at bedtime as directed. Dispense: 30 tablet; Refill: 5
3. Left arm numbness - Ambulatory	referral to Neurosurgery; Future
4. Chronic insomnia	UTD on UDS and contract.

## 3/16/2022

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## Test Information and Patient life style

Test Name	Date
MRI Cervical Spine WO Contrast	09/06/2022
WBC	03/09/2022
RBC	03/09/2022

Concerns 7/19/22 - Is frustrated that he cannot get refills automatically for Insomnia.

Patient life style
Is involved in regular physical exercises - Swimming
Jacuzzi daily
Regular Alcohol consumption

Concerns 3/16/22 - Wants to consult cardiologist for the Hypertension instability issue.